

2023-2024
Red Cedar League Rules
5-6 Boys/Girls Silver-Bronze Division

MHSAA rules except:

The Red Cedar league in all divisions shall use the one-and-one for common fouls beginning with the seventh team foul in the half. The Red Cedar League shall not use the double bonus at the 10th foul but will continue with the one-and-one for common fouls.

Ball

Intermediate sized (28.5 in.) ball.

Results

Results of all weekly games shall be emailed to your community coordinator so that the weekly standings may be updated.

Parents: Do not cross the gym floor for any reason during or after the contest. Meet with players after the contest in a designated area or hallway.

Shooting: No shooting at baskets during halftime or between games for anyone but players participating in the current scheduled contest

Game Time

Shall consist of (4) 8-minute quarters. A running clock shall occur whenever the score of the game has a difference of 20 points **and shall resume to normal after the score returns to a 15-point difference.**

Warm up time: Shall consist of the difference of the end of the previous game and the official start time of the next game. If no time is available a maximum of 3 minutes shall be used as warm-up time.

Divisions: Teams will be separated into geographical divisions.

Coaches: Two coaches shall be allowed on the bench during games. **Head coach should wear schools dark color shirt to be identified by officials.** Scorekeepers shall only keep the book and not serve as additional coaches. Teams not following this rule shall be assessed a technical foul and the team in violation will lose their right for a scorekeeper. The scorekeeper in violation shall be removed from the bench area to the opposite side of the gym. Please clear the bench and after completing handshake. Hold any post game meetings in designated area or hallway.

Covid-19: Please be aware of the communities Covid-19 policy and be aware of that's community's requirement. Admission and participation will be followed, or the team's game will be a forfeit.

Coaches Conduct: Public criticism of officials or players is unethical and will not be tolerated. The coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. ***A sportsmanship technical foul will result in 2 points and possession of the ball to the opposing team that did not commit the technical foul.***

Uniforms

Team uniforms may consist of T-shirts and shorts with the **player's number on the front and back.**

Tournament

The League will conclude with a double elimination tournament. The top half of each division shall play in Silver I tournament and the bottom half of the divisions shall play in the silver II tournament. Tie breakers shall be as follows: Head-to-head, points scored, flip of the coin. The division in the case of odd teams shall be up to the director and all decisions shall be considered final.

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Free Throw Line

5th Grade will be three feet inside the regulation free throw line and marked with a piece of tape.

Players will use the lower three blocks and abandon the traditional high school block alignment. No double bonus!

6th Grade will be from the normal regulation free throw line. **No double bonus!**

3-Second Rule

6th grade games will observe the 3-second rule in the free throw lane, 4 seconds for 5th grade games.

Defense

Man-to-man or zone defenses are allowed, beginning at half-court. And may play zones and trap. It is recommended that most teams teach the fundamentals of man-to-man defense.

Pressing

Pressing is not allowed in the bronze division. The **Silver** division may press the last 1 minute of the contest if the game is within **4** points. ***The only press allowed is man to man.***

Free Throw Bonus

1-and-1 after seven team fouls in a half, no double bonus.

Time Outs: Each coach will be granted two full (1 minute) timeouts per game and two (20 second) timeouts.

Overtime

In the event of a tied game at the end of a regulation time, a **2-minute overtime period** will be played after a one-minute break. Coaches will be allowed one more timeout. Further 2-minute overtimes will be played until the game is decided. Pressing is not allowed.

Ejections: If a player, coach or spectator is ejected from a contest they will be suspended from the next contest. A second offense shall result in removal from the league for the remainder of the season. The host site is responsible for reporting this to the league. Officials shall file an incident report to the host site. This shall be completed in 24 hours and turned in to the league director. ***If a player, coach or spectator is removed from any league tournament or league sponsored tournament they will not be eligible for the remainder of the tournament.***