

2018 Red Cedar Volleyball League Rules

4th- 8th Girls

MHSSA rules: see exceptions below

Results

Results of all weekly games shall be emailed by your community coordinator that hosted.

Divisions: Teams will be separated by grade.

Coaches: Two coaches shall be allowed on the bench during games. **Head coach should wear their schools dark color shirt to be identified by officials.** Scorekeepers shall only keep the book and not serve as additional coaches.

Uniforms: Team uniforms may consist of T-shirts with the player's small number on the front and large number on the back. Similar short color is encouraged.

Net Height: 7 feet 4 1/8 for 4, 5, 6, 7, 8th graders.

Court Size: A full size court 30' by 30' for each half will be utilized.

Match: 1 match will consist of 3 games. All 3 games will be to 25 points with rally scoring. Team must win 2 out of 3 games to win the match and win by 2 points. We encourage the 3rd game regardless if 1 team has won the first 2 games. This modification is to encourage practice/skill building.

Serving Line: 7 and 8th graders will serve from regulation line. 4, 5, 6th graders are allowed a foot and half inside the regulation line with a marked piece of tape. All grades are allowed 1 re-toss when serving.

Time limits: Matches will be 1 hour and 15 minute time limit.

Time outs: Each coach will be granted two (30 second) timeouts.

Substitutions/Rotation: You must play your entire roster and include them in the serving rotation.

Referees: 1 registered MHSAA official per match, with 2 volunteers needed to be line judges and 1 volunteer to keep book and time.

Playing Time: There are no playing time rules but it is expected that everyone participates.

Practices: are limited to 4 hours per week. This is an honor system. Be respectful of the rules to your team, parents, and the league.

Ejections: If a player, coach or spectator is ejected from a contest they will be suspended from the next contest. A second offense shall result in removal from the league for the remainder of the season. The host site is responsible to report this to the league. Officials shall file an incident report to the host site. This shall be completed in 24 hours and turned in to the league director. ***If a player, coach or spectator is removed from any league tournament or league sponsored tournament the will not be eligible for the remainder of the tournament.*** Continued disregard of rules or disrespectful conduct by a coach or parents could result in removal of team from the league. Our goal and concept is to teach the children not winning at all or any cost.

Web Site: www.redcedarhoops.com